




























MAINS	Cereal containing gluten	Milk	Egg	Fish	Soya	Celery	Mustard	Sulphur Dioxide	Peanut	Tree Nut	Sesame seed	Lupin	Mollusc	Crustacean
Pork Sausages (Gluten Free)														
Meat Gravy (Knorr)														
Lamb Slice	X Wheat													
Roast Beef														
Yorkshire Pudding	X Wheat	X	X											
Chicken Deli Wrap	X Wheat													
Battered Fish Fillet	X Wheat			X										
Beef Burger (Gluten Free)														
Burger Bun (using Best of Both)	X Wheat	MC	MC		X									
Creamy Chicken Pasta	X Wheat	X					X							
Roast Chicken														















														
MAINS	Cereal containing gluten	Milk	Egg	Fish	Soya	Celery	Mustard	Sulphur Dioxide	Peanut	Tree Nut	Sesame seed	Lupin	Mollusc	Crustacean
Sage and Onion Stuffing	X Wheat													
Organic Beef Lasagne	X Wheat	X	MC			X	X							
Salmon Fish Fingers	X Wheat			X										
Chicken and Sweetcorn Meatballs (Gluten Free)														
Tomato Sauce														
Organic Beef Bolognese						X								
Roast Pork Loin														
Chicken Pie	X Wheat	X					X							
Fish Fillet Fingers	X Wheat			X										















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However, we still do not manage 'may contain' due to there being no specific legal requirement for food manufacturers to label food with 'may contain', therefore this data could be inaccurate. Manufacturers are only required to provide the 'contain' information on the 14 EU key allergens used as ingredients in the food and drink

														
MAINS	Cereal containing gluten	Milk	Egg	Fish	Soya	Celery	Mustard	Sulphur Dioxide	Peanut	Tree Nut	Sesame seed	Lupin	Mollusc	Crustacean















they provide.

														
VEGETARIAN MAINS	Cereal containing gluten	Milk	Egg	Fish	Soya	Celery	Mustard	Sulphur Dioxide	Peanut	Tree Nut	Sesame seed	Lupin	Mollusc	Crustacean
Quorn Pattie	X Wheat, Barley	X	X											
Burger Bun (using Best of Both)	X Wheat	MC	MC		X									
Macaroni Cheese	X Wheat	X					X							
Veggie 'Meat-Free' Balls	X Wheat		MC		X	MC	MC							
Gravy (Knorr)														
Italian Pasta Bake	X Wheat	X			X									
Cheese and Tomato Pizza	X Wheat	X	MC		X									
Beany Bolognaise	MC				X									
Vegetarian Quorn Frankfurter Hot Dog			X											
Roll (using Best of Both)	X Wheat	MC	MC		X									
Vegetable Bake Topped with Crispy Potatoes		X												

														
VEGETARIAN MAINS	Cereal containing gluten	Milk	Egg	Fish	Soya	Celery	Mustard	Sulphur Dioxide	Peanut	Tree Nut	Sesame seed	Lupin	Mollusc	Crustacean
Cheese Pinwheel	X Wheat	X	X											
Tortilla Stack	X Wheat	X												
Cheese and Leek Slice	X Wheat	X												
Roast Quorn Fillet			X											
Sticky Vegetarian Sausages (using KaterVeg Vegan Banger)	X Wheat, Barley				X									

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SIDE DISHES	Cereal containing gluten	Milk	Egg	Fish	Soya	Celery	Mustard	Sulphur Dioxide	Peanut	Tree Nut	Sesame seed	Lupin	Mollusc	Crustacean
Diced Potatoes														
Tomato Bread	X Wheat	MC	MC		MC									
Creamed Potatoes		X				MC								
Roast Potatoes						MC								
Wholemeal Pasta	X Wheat													
Potato Wedges														
Mixed Side Salad														
Brown and White Rice														
Garlic Bread (using Best of Both)	X Wheat	MC	MC		X									
Pasta	X Wheat													
Herby Bread (using Best of Both)	X Wheat	MC	MC		X									
Low Fat Chips														
Brown and White Vegetable Rice														

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





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DESSERTS	Cereal containing gluten	Milk	Egg	Fish	Soya	Celery	Mustard	Sulphur Dioxide	Peanut	Tree Nut	Sesame seed	Lupin	Mollusc	Crustacean
Fruit Mousse		X												
Fresh Fruit Wedges*														
Lemon Cake	X Wheat	X	X		X									
Fruited Jelly								X						
Chocolate Brickwall	X Wheat													
Banana Peasant Pudding	X Oats													
Custard		X												
Carrot and Orange Cupcake	X Wheat		X											
Marbled Cookie	X Wheat													
Apple Crumble	X Wheat													
Chocolate Sponge	X Wheat	X	X		X									
Shortbread	X Wheat													

														
DESSERTS	Cereal containing gluten	Milk	Egg	Fish	Soya	Celery	Mustard	Sulphur Dioxide	Peanut	Tree Nut	Sesame seed	Lupin	Mollusc	Crustacean
Cheese and Crackers	X Wheat	X												
Yeo Valley Yoghurt (Strawberry)		X												
Yeo Valley Yoghurt (Raspberry)		X												
<i>*if with Lemon Juice</i>								X						















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Cold Options	Cereal containing gluten	Milk	Egg	Fish	Soya	Celery	Mustard	Sulphur Dioxide	Peanut	Tree Nut	Sesame seed	Lupin	Mollusc	Crusta-cean
Cheese Sandwich	X Wheat	X			X									
Chicken Mayo Wrap	X Wheat		X											
Tuna Mayo Baguette	X Wheat	X	X	X	MC									
Ham Flatbread	X Wheat	X	MC		X									
Egg Mayo Roll	X Wheat	X	X		X									















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EXTRAS	Cereal containing gluten	Milk	Egg	Fish	Soya	Celery	Mustard	Sulphur Dioxide	Peanut	Tree Nut	Sesame seed	Lupin	Mollusc	Crustacean
Jacket Potato with Cheese		X												
Jacket Potato with Tuna, plain*				X										
Jacket Potato With Baked Beans														
Jacket Potato with Vegetarian Beany Bolognese	MC				X									
<i>*if with Salad Cream</i>			X				X							
<i>*if with Light Mayonnaise</i>			X											

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SPECIAL MENU ALTERNATIVES	Cereal containing gluten	Milk	Egg	Fish	Soya	Celery	Mustard	Sulphur Dioxide	Peanut	Tree Nut	Sesame seed	Lupin	Mollusc	Crustacean
BM Turkey Burger														
Gluten Free Fish Fingers				X										
Gluten Free Fish Cake				X										
Gluten Free Vegetable and Bean Burger (Bake)														
Gluten Free Bread Roll/Bun (using Dr Schar Gluten Free White Ciabatta)					X		MC				MC	MC		
Gluten Free Pizza		X			X		MC				MC	MC		
Gluten Free Sponge		X	X											
Gluten Free Cupcake		X	X											
Gluten Free Pasta					MC									
Quorn Vegan Nuggets	X Wheat													
Quorn Fillet			X											
Southern Style Quorn Burger	X Wheat	X	X											
Vegetable Fingers	X Wheat													
Iced Fruit Smoothie														
EF Vegetarian Sausages (using Everyday Vegetable Sausage)	X Wheat					X								

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